- 1. Using the spectral resolution, prove the Cayley-Hamilton theorem for symmetric second-order tensors.
- 2. Show that a (not necessarily symmetric) tensor T commutes with every skew tensor W if and only if $T = \lambda I$.
- 3. Find the principal values and principal directions (*without* using the results of theorem) of the tensor whose matrix representation in a particular basis is

$$\boldsymbol{S} = \begin{bmatrix} 4 & 0 & 0 \\ 0 & 1 & -3\sqrt{3} \\ 0 & -3\sqrt{3} & -5 \end{bmatrix}.$$

- 4. Let $Q \in \text{Orth}$. Show that if n is an eigenvector of a symmetric tensor S, then Qn is an eigenvector of QSQ^T corresponding to the same eigenvalue.
- 5. Let F = RU = VR denote the polar decomposition of F.
 (i) Show that U and V have the same eigenvalues.
 (ii) If e_i and f_i represent the eigenvectors of U and V corresponding to the eigenvalue λ_i, show that F and R can be represented as

$$oldsymbol{F} = \sum_i \lambda_i oldsymbol{f}_i \otimes oldsymbol{e}_i, \ oldsymbol{R} = \sum_i oldsymbol{f}_i \otimes oldsymbol{e}_i.$$

6. Show that S^n , S^{-1} and $\lambda(\operatorname{tr} S)I + 2\mu S$ are isotropic functions.